

CB-BK WE2 2026: Session: 4: COACH evaluation sheet for TEAM: LZV

Coachinfo: Warming up from: 15:00 untill 15:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Mieghem Evelien HEADCOACH

Coaches: Felies Jürgen

Coaches: De Gucht Nancy

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 400M FREESTYLE MEN 19+							Heat:2, starttime: 16:06	
Heat: 2/3 Lane : 1 Athlete: GOOSSENS TORSTEN							Q-time: 04:26:88	
PB (50m pool): 04:26.88 Lago Kortrijk Weide 03/05/2026				PB (25m pool): 04:17.24 SB: 04:26.88 Lago Kortrijk Weide 03/05/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.57	01:03.37	01:37.43	02:12.52	02:46.99	03:21.58	03:53.41	04:26.88
	00:29.57	00:33.80	00:34.06	00:35.09	00:34.47	00:34.59	00:31.83	00:33.47
								

Coach feedback: